

PULMONARY REHABILITATION

Exercise & Education for patients with COPD

6 Week Programmes run across Suffolk:

- Ipswich
- Felixstowe
- Woodbridge
- Stratford St Andrew
- Sudbury
- Haverhill
- Stowmarket
- Mildenhall
- Bury St Edmunds
- Eye



- ✓ QUALIFIED PROFESSIONALS
- ✓ LOCAL EXERCISE CLASS
- ✓ C.O.P.D EDUCATION
- ✓ SUPPORT & ADVICE

Speak to your GP / Practice Nurse for more information.
Patients will require referral from a qualified clinician and have confirmed diagnosis of COPD.